

April 2026



UPLAND

# GIBSON GAZETTE



JUKEBOX 26'



Taste of Soul 26'

**FRESH IDEAS, NEW BEGINNINGS**

George M. Gibson Senior Center | 250 North 3rd Avenue, Upland, CA

# APRIL

## Monday



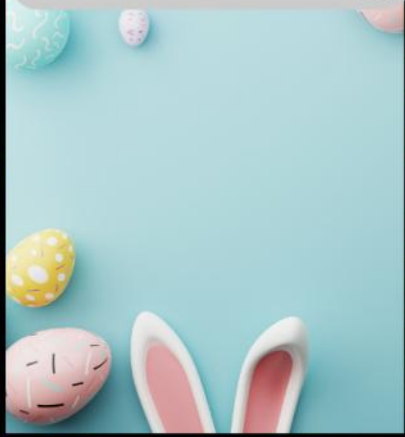
### Ongoing

9:00 AM Music & Brain Health  
9:00 AM Billiards  
9:00 AM Puzzles  
11:30 AM FSA Lunch  
1:00 PM Movie Madness  
3:30 PM Sewing  
4:00 PM Club Fit Muscle Tone  
5:30 PM Club Fit Muscle Tone

### Special Dates

April 27  
1:30 P.M. Grief & Loss Support Group

## Tuesday



9:00 AM Billiards  
9:00 AM Puzzles  
11:30 AM FSA Lunch  
1:00 PM Intro to Mobile Technology  
4:30 PM Tai Chi

April 7 & 21  
9:00 A.M. HICAP  
April 14  
10:00 A.M. Neurographic Art  
April 21  
10:30 A.M. Geology Club  
4:00 P.M. Tasty Mingle

## Wednesday



9:00 AM Billiards  
9:00 AM Puzzles  
9:15 AM Club Fit Chair  
10:15 AM Club Fit Pro  
11:30 AM FSA Lunch  
3:30 PM Artisan Quilting  
4:00 PM Club Fit Muscle Tone  
5:30 PM Club Fit Muscle Tone

April 1  
10:00 A.M. DAAS  
April 15  
10:00 A.M. Alzheimer's Lecture  
April 29  
11:30 A.M. Birthday Celebration

## Ongoing

## Special Dates

### Thursday



9:00 AM Billiards  
9:00 AM Puzzles  
11:30 AM FSA Lunch  
1:00 PM Drawing  
Class

April 2  
10:30 A.M. Book Club

April 9  
2:00 P.M. Cafeteria

April 16  
2:00 P.M. Bunko  
4:00 P.M. Travel Buddies  
Club  
10:00 A.M. Ayurvedic

### Friday



9:00 AM Billiards  
9:00 AM Puzzles  
9:15 AM Club Fit  
Chair  
10:15 AM Club Fit Pro  
11:30 AM FSA Lunch  
12:55 PM Watercolor

April 3  
9:00 A.M. AARP Taxes  
10:00 A.M. Myeloma  
Support Group

12:00 P.M. Billiards  
Tournament

April 10  
9:00 A.M. CalFresh  
9:00 A.M. AARP Taxes

### Saturday



8:00 AM Passport  
Services - By  
Appointments Only  
9:00 AM Billiards  
9:30 AM Ceramics  
10:00 AM Gardening  
Club

April 18  
9:00 A.M.  
Makers Market

# Thank you!

A special recognition to our sponsors, partners and collaborators for helping us bring joy to our patrons.

\*AARP

\*Dr. Anthony "Tony" Ratkovic,  
Euclid Chiropractic

\* Family Service Association (FSA)

\* HICAP  
Health Insurance Counseling  
Advocacy Program

\* Mt. San Antonio College

\*Department of Aging & Adult Services

\*Thoughtful Home Care

\*West End Family Counseling

\*Yael Steinfeld, RNP, MSN

\*Calfresh

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# April Mindfulness Techniques

Simple ways to  
reset and recharge

## Meditate

Take 5-10 minutes to focus on your breathing and clear your mind.

## Take a Walk

Step outside for a short walk and enjoy the fresh air

## Move your body

Stretch or do light exercise to refresh your body and mind.



Upland Recreation & Community Services



# Ladies Paint Night

Thursday, May 7, 2026

5 p.m. - 7 p.m. | Doors open at 4:30 p.m.



**\$15 PER PERSON**

CREATE YOUR OWN MASTERPIECE WITH STEP-BY-STEP GUIDANCE.  
NO EXPERIENCE NEEDED!

Enjoy snacks, refreshments, and the chance to win prizes!



For more information, please call (909) 981-4501. **No Refunds.**

George M. Gibson Senior Center, 250 N. 3rd Avenue, Upland, CA 91786

# Family Service Association

## FSA Lunch Program

**Monday - Friday, 11:30 a.m. - 12:30 p.m.**

**Doors open at 10:00 a.m.**

Our program assists seniors and their loved ones in helping to maintain their independence. We offer congregate or "Group Meals" served at 25 Community/Senior Centers throughout San Bernardino County.

A suggested donation of \$3.00 a person would be greatly appreciated and is what helps us continue to serve our community meals.

**For more information contact FSA at (951) 342-3057.**



George M. Gibson Senior Center

**Follow us on**

**facebook**



Scan this code to  
be connected to  
our page



“The object isn’t to make art, It’s to be in that wonderful state which makes art inevitable.” –Robert Henri

## Club FTT: Muscle Tone

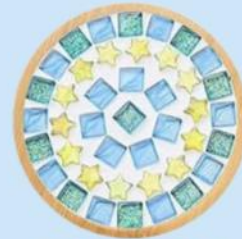
A Healthy Body Leads To A Healthy Mind.

Get Fit With Us!

MONDAYS  
&  
WEDNESDAYS  
@ 4:00 P.M.  
FREE!



## MOSAIC COASTER CRAFETERIA



THURSDAY  
APRIL 9, 2026

2:00 PM - 4:00 PM

\$10.00 PER PERSON

PRE-REGISTRATION IS REQUIRED

FOR MORE INFORMATION PLEASE CALL (909)981-4501



Upland Recreation & Community Services

## VOLUNTEER WITH THE CITY OF UPLAND

Get Hours. Get Experience. Get Involved.

Attend a volunteer meeting

Tuesday, April 14, 2026 at 5:00 p.m.

Tuesday, May 12, 2026 at 5:00 p.m.



For more information, call 909-981-4501  
or email us at [recvolunteers@uplandca.gov](mailto:recvolunteers@uplandca.gov)



# Upcoming at the Gibson Senior Center



## BUNKO DUEL

### SOCIAL



THURSDAY, APRIL 16, 2026

2:00 P.M. - 3:30 P.M.

\$5.00 PER TICKET

## Bunko

Let's roll! Enjoy an afternoon of prizes, refreshments, and new friends. Guests ages 21 and over may participate, fees apply. Pre-registration is recommended; space is limited. For registration & information, please call (909) 981-4501.

## Makers Market

Local Creators and Artists will be selling original art creations. Find one-of-a-kind handmade treasures, home decor, and unique gifts for every occasion.

Upland Recreation & Community Services

**MAKERS MARKET ART**

SATURDAY, APRIL 18, 2026  
9:00 AM - 1:00 PM  
FREE ENTRY

Local Creators and Artists will be selling original art creations. Find one-of-a-kind handmade treasures, home decor, and unique gifts for every occasion.

## Tasty Mingle

Cooking Social

Tuesday, April 21, 2026

4:00 P.M. - 6:00 P.M.

\$7 Per Person

**CREAMY  
ROASTED RED  
PEPPER PASTA**



## Tasty Mingle

Spice up your cooking skills and your dinner plans with a friendly cooking class. No culinary experience necessary. Program fee includes all materials, guided instruction, and refreshments.

# APRIL BIRTHDAYS

Join us for a fun afternoon celebrating your birthday with a delicious birthday treat. Doors open at 10:30 a.m. for seating, \$3.00 suggested donation for FSA Lunch. Complete a Gibson Member Card to receive a birthday card and other exclusive invites!

## BIRTHDAY CELEBRATION, WEDNESDAY, APRIL 29

Alba Vargas • Aletha Hicks-Moffatt • Alex Gil • Alice Okamoto • Angel S Fabela • Angelica Rivera • Anna Ficara Reyna • Arlene Olguin • Bouakeo Mertz • Carlos Sambano • Carol Villanueva • Cathy Davidson • Charlene Zimbhoff • Chaya Chander • Chris Wheat • Craig Salt • Daniel Bender • Danise Cornelius • Davi Buss • Debbie Henderson • Debra Forchion • Dennis Freeman • Don Glenn • Dorothy Jackson • Dorothy Stark • Edward Nichols • Elaine Rohr • Enrique Brizuela • Fatima Slonim • Floyd Carter • Frenetta L Bass • George Hermosillo • Georgina Sambrano • Geraldine Thuang • Gio Sambrano • Graciela Cervantes • Harold "Harry" Tonner • Jaroslaw Musial • Jeff Eden • Jennifer Tonner • Jennifer Chia • Jerry Thompson • John Jorg Jun • Johnny Agaswal • Jose Luis Gonzalez • Joy Benton • Juanita Jackson • Julia Bustamante • Leo Weiss • Leo Zendejas • Leon Orlanes • Leora Milan • Linda Harper • Linda Harper • Lipda George • Loraine Badeau • Lynn Hertst • Maria Bejarano • Maria Hernandez • Marian Tarin • Mary Maier • Mary Slack • Miriam Feldman • Nora Flanagan • Norma Josephine Guerrero • Orlando Velasquez • Patricia Manganello • Patricia Pascover • Patricia Pascover • Patsy Cheung • Patty Ghosn • Pedro Aldaz • Pedro Pina • Rekha Chandnani • Richard Mertz • Robin Handgis • Ron Jerry • Ruben Gurule • Ruth A Sconyers • Sami Medina • Sandra Amelina • Sandra Tarin • Socorro Banuelos • Sonya Steward • Stephnaie Dones • Styger Claude • Vera Torrez • Victoria Sung • Yaping Chen • Belinda D Rullan • Ratna Liem • Ruby Martinez

HAPPY  
Birthday

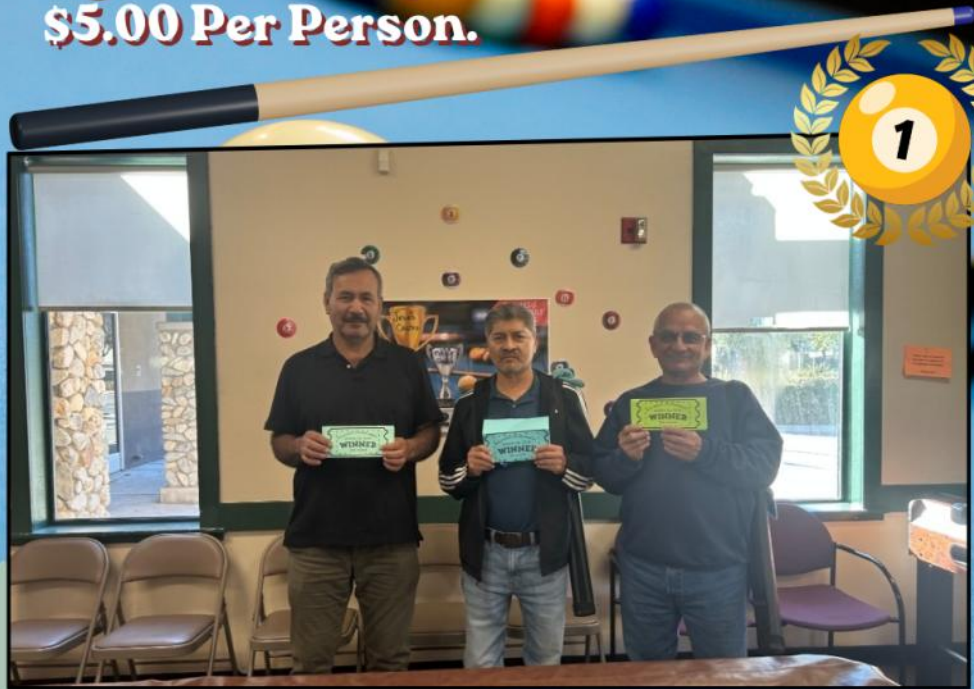
### WELCOME TO OUR NEW MEMBERS!

• Donald Passoth • Eudola Olivia M. Casas • Jose Contreras • Hector G. Vergara • Estela Garcia • Juan Garcia • Darlene Djokovich • Mireya El-Assaad

# BILLIARDS TOURNAMENT

Friday, April 3  
Begins at 12:00 p.m.  
\$5.00 Per Person.

Movies, Games & More



Grab your pool cues! The Gibson Senior Center is hosting a pool tournament each month. Prizes for top 3 winners. Pre-registration is recommended.



## \*BILLIARDS HALL

Monday - Friday: 9:00 a.m. - 4:00 p.m.  
Saturdays: 9:00 a.m. - 12:00 p.m.

**FREE!** Playing Billiards is a great way to slow aging and improve hand-eye coordination. No prior experience required.



## \*PING PONG

Fridays 2:30 p.m. - 5:30 p.m.

**FREE!** Make an appointment and play! Bring a friend or make a new one. For more information, please call (909) 981-4501.



# Monday Movie

**NOW  
SHOWING**

**"A Quiet Place" 4/6**

**"Arrival" 4/13**

**"Missing" 4/20**

**"The Client" 4/27**



Come and enjoy a free afternoon movie, fresh popcorn, & snacks. Doors open at 1:00 p.m.

**FOR MORE INFORMATION, PLEASE CALL (909) 981-4501.**

# Upcoming May Events

May 1

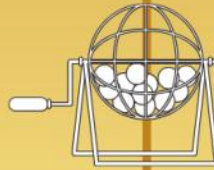
**Billiards**



**Tournament**

May 2

**Bingo**



May 22

**Jukebox**



May 5

**Cinco de  
Mayo Happy  
Hour**



May 7

**Ladies Paint  
Night**



# BUNKO DUEL SOCIAL

Thursday, APRIL 16, 2026

2:00 p.m. - 3:30 p.m.

\$5.00 Per Person.

Let's roll! Enjoy an afternoon of prizes, refreshments, and new friends.

Guests ages 21 and over may participate, fees apply.

Pre-registration is recommended, space is limited.

For registration & information, please call (909) 981-4501.



## HOBBIES, ARTS & CRAFTS

**TO RSVP OR FOR INFORMATION, PLEASE CALL (909) 981-4501.**

**\*CLASSES OFFERED BY MT. SAC MUST BE REGISTERED THROUGH THEIR INSTRUCTORS**



### \*CERAMICS CLASS

Saturdays | 9:30 a.m. - 12:20 p.m.

**FREE!** This free class is designed to help older adults learn the basics of ceramics as well as the fundamentals of wheel-throwing, hands-building, decorating, and glazing ceramic projects. Registration will be taken in class by instructor.

For more information, please call (909) 981-4501.



### \*HANDICRAFTS SELFCARE WORKSHOP

"Paint on Canvas"

Tuesday, April 28 | 11:30 a.m. - 12:30 p.m.

**FREE!** Workshops provided by: West End Family Counseling. Art is a great way to destress and unplug from the world.



## HOBBIES, ARTS & CRAFTS

★ TO RSVP OR FOR INFORMATION, PLEASE CALL (909) 981-4501. ★

**\*CLASSES OFFERED BY MT. SAC MUST BE REGISTERED THROUGH THEIR INSTRUCTORS**



### \*ARTISAN QUILTING

Wednesdays | 3:30 P.M. - 6:35 p.m.  
**FREE!** Class offered in partnership with Mt. San Antonio Community College. Attend a class to register with instructor.



### \*PRINCIPLES OF WATERCOLOR PAINTING

Fridays | 12:30 p.m. - 3:20 p.m.  
**FREE!** Learn principles of watercolor painting! Emphasis will be on creative expression to develop primary skills for watercolor as they relate to composition and technique. Attend a class to register with instructor. Class offered in partnership with Mt. San Antonio Community College.



### \*SEWING & DESIGN

Mondays | 3:30 p.m. - 6:45 p.m.  
**FREE!** Basic sewing techniques, including basic tailoring, pattern reading, cutting & style design to construct professional looking garments. Attend a class to register with instructor. Class offered in partnership with Mt. San Antonio Community College.



### \*MUSIC & BRAIN HEALTH

Mondays | 9:00 a.m. - 11:10 a.m.  
**FREE!** Improve or maintain mental fitness of older adults through education promoting critical thinking and cognitive skills. Class offered in partnership with Mt. San Antonio Community College. Attend a class to register with instructor.



### \*DRAWING-BEGINNING THROUGH ADVANCED

Thursdays | 1:00 p.m. - 3:50 p.m.  
**FREE!** Discover your creative side! Whether you're a beginner or looking to refine your skills, this class offers a supportive space to learn new techniques, improve focus, and boost mental clarity through art. Class offered in partnership with Mt. San Antonio Community College. Attend a class to register with instructor.



### CRAFETERIA CLUB

**Mosaic Coaster**  
Thursday, April 9 | 2:00 p.m. - 4:00 P.M.  
**\$10 Per Person!** Get a jumpstart on your Holiday Home Décor with this creative crafting workshop. All materials and step-by-step guidance is provided. At the end of the class you will have a beautiful craft you will be happy to show off to your friends at your next gathering.



### GEOLOGY CLUB

Thursday, April 21 | 10:30 a.m. - 11:30 a.m.  
**FREE!** Join the Geology Club to explore the fascinating world of earthquakes, volcanoes, and the forces shaping our planet. Dive into California's geology, from volcanic eruptions to fault lines, and connect with fellow enthusiasts. Whether you're a seasoned rockhound or just curious, this is your chance to learn, share, and discover more about Earth's natural processes. All are welcome!

# ART SCENE SPOTLIGHT

Upland Recreation & Community Services

## Neurographic Art Workshop

Transform Stress into Creative Flow



Tuesday, April 14, 2026

10:00 a.m. - 11:30 a.m.

\$5 Per person

Upland Recreation & Community Services

**MAKERS**



**ART**

**MARKET**



**SATURDAY, APRIL 18, 2026**

**9:00 A.M. - 1:00 P.M.**

**FREE ENTRY**

Local Creators and Artists will be selling original art creations. Find one-of-a-kind handmade treasures, home decor, and unique gifts for every occasion.

# Technology and Trips

**\*\*CLASSES OFFERED BY MT. SAC MUST BE REGISTERED THROUGH THEIR INSTRUCTORS**



## **\*INTRODUCTION TO MOBILE INFORMATION TECHNOLOGY FOR BEGINNERS**

Tuesdays | 1:00 p.m. - 3:50 p.m.

**FREE!** Introduction to mobile information technology for skills, concepts, and principles to use mobile platform devices and the internet safely and effectively. Class offered in partnership with Mt. San Antonio Community College. Attend a class to register with instructor.



### **CRAZY OVER CARLSBAD STREET FAIR**

**Sunday, May 3**

7:00 a.m. - 4:00 p.m.

\$63 per person

5 Yrs & Up

### **PENNE FOR YOUR THOUGHTS**

**Tuesday, June 9**

9:00 a.m. - 6:30 p.m.

\$141 per person

5 Yrs & Up

**FOR MORE INFORMATION, PLEASE CALL (909) 981-4501**

# HEALTH & WELLNESS

★ TO RSVP OR FOR INFORMATION, PLEASE CALL (909) 981-4501. ★

## \*CLUB FIT: LOW-IMPACT CHAIR EXERCISE

Wednesdays & Fridays | 9:15 a.m. - 9:45 a.m.

**FREE!** Keep your body healthy and release stress through our weekly Getting Stronger Fitness program. **These classes are sitting only.** Classes will begin with an upbeat warm-up that flows right into a gentle cardio exercise of Yoga, Dance, Dumbbell or a Resistance workout. **Pre-registration is required. Only allowed to enroll in either Club Fit or Club Fit Pro.**



## \*CLUB FIT PRO: STANDING EXERCISE

Wednesdays & Fridays | 10:15 a.m. - 10:45 a.m.

**FREE!** Keep your body healthy and release stress through our weekly Getting Stronger Fitness program. **These classes are standing only.** Classes start with an upbeat warm-up that flows right into a gentle cardio exercise of Yoga, Dance, Dumbbell or a Resistance workout. **Pre-registration is required. Only allowed to enroll in either Club Fit or Club Fit Pro.**



## \*PRINCIPLES OF POSTURE [TAI CHI]

Tuesdays | 4:30 p.m. - 5:20 p.m.

**FREE!** Healthy Aging, including diet, nutrition, disease prevention, and application of Yoga fitness principles to maintain health while aging. Class offered in partnership with Mt. San Antonio Community College. Attend a class to register with instructor.



## \*CLUB FIT: MUSCLE TONE

Mondays & Wednesdays | 4:00 p.m. or 5:30 p.m.

**FREE!** Keep your body healthy and release stress through our latest edition of our Getting Stronger Fitness program.



# FEATURED HEALTH TALKS

## "Healthy Skin"

Thursday, April 16  
10:00 a.m. - 11:30 a.m.

## Yael Steinfeld

RNP, MSN,  
Certified Ayurvedic Practitioner  
Ayurvedic Wellness

## "Pain when you walk? Steps to help"

Wednesday, April 15  
12:00 p.m. - 1:00 p.m.

## Dr. Tony D.C.

Upland Recreation & Community Services



## SENIOR BOOK GROUP

Provided By: Thoughtful Home Care

April 2, 2026 • 10:30 a.m. - 11:30 a.m.

Book discussion will be:  
"The Bullet That Missed"

By: Richard Osman



## OLDER ADULT COMMUNITY SERVICES COUNSELING PROGRAM



9:30 a.m. to 12:30 p.m.  
2<sup>nd</sup> & 4<sup>th</sup> Thursday of the Month



By Appointment Only  
Please Call (909) 983-2020

# LECTURES & SEMINARS



TO REGISTER AND FOR INFORMATION, PLEASE CALL (909) 981-4501.



## \*AARP TAX PREPARATION

**Fridays, April 3 & April 10 | 9:00 a.m. - 1:00 p.m.**

**FREE!** No appointment needed, tax services will be offered on a first come, first serve basis.

## \*AYURVEDIC WELLNESS

**"Healthy Skin"**

**Thursday, April 16 | 10:00 a.m. - 11:30 a.m.**

**FREE!** Come learn the individual treatments of Ayurvedic Medicine. They include Diet Recommendations, Spices, Herbs, Oil Treatments, Pranayama-Therapeutic Breathing and Meditation. Pre-registration is required. Presented by Yael Steinfeld, RNP, MSN, Certified Ayurvedic Practitioner. Pre-registration required.



## \*ALZHEIMER'S ASSOCIATION

**"Understanding Alzheimer's and Dementia"**

**Wednesday, April 15 | 10:00 a.m. - 11:30 a.m.**

**FREE!** This course covers basic information on the difference between Alzheimer's and dementia, stage, risk factors, research and FDA-approved treatments.

Pre-registration recommended.

**\*DAAS ASSISTANCE PROGRAM**

Wednesday 10:00 a.m. - 12:00 p.m.

April 1

**FREE!** First come, first served. Space is limited. The Department of Aging & Adult Services offers resource information pertaining to HEAP & many more social services! Some services may have limited quantities.

**\*CAL-FRESH REPRESENTATIVE**

Friday 9:00 a.m. - 12:00 p.m.

April 20

**FREE!** Representatives from the CalFresh Program known federally as the Supplemental Nutrition Assistance Program or SNAP, which provides monthly food benefits to individuals and families with low-income and provides economic benefits to communities, they will be offering eligible families and seniors assistance with applying for the CalFresh Program. For more information, please call 2-1-1.

**\*Grief & Loss Support Group**

Monday 1:30 p.m. - 3:00 p.m.

April 23

**FREE!** This confidential grief & loss support group provides a supportive environment where you can share and learn from others who are going through the journey of loss. Provided by West End Family Counseling. Appointments are required. Call (909) 983-2020 to RSVP. Please register with us at (909) 981-4501

**\*HICAP COUNSELING**

Tuesday 9:00 a.m. - 12:00 p.m.

April 3 & 17

**FREE!** The Health Insurance Counseling Advocacy Program [HICAP] offers free unbiased one-on-one counseling to assist beneficiaries in understanding their Medicare Benefits and choosing options best suited for their needs. Pre-registration required. Call (909) 256-8369 to RSVP.

**\*Myeloma Support Group**

Friday 10:00 a.m. - 1:00 p.m.

April 6

**FREE!** Join the group to meet and interact with others to learn the latest advances in the treatment and management of Myeloma. Appointments are required. Call (909) 562-2166 to RSVP.

**\*ONE-ON-ONE SENIOR COUNSELING**

Thursday 9:30 a.m. - 12:30 p.m.

April 12 & 26

**FREE!** Register for a confidential one-on-one senior counseling appointments where you can share your feelings with a caring individual. Provided by West End Family Counseling. By appointment only, to schedule your session, please call (909) 983-2020.



## FOOD ASSISTANCE

### **Cal Fresh Supplemental Food Assistance Program**

(909) 912-6118  
211sb.org

### **Community Action Partnership Offers Food Pantry & Human Services**

(800) 635-4618  
capsbc.org

### **Feeding America Food Pantry SB County Food Pantry**

(951) 359-4757  
feedingamericaie.org

### **FSA Family Services Association Lunch Program**

(951) 342-3057  
fsaca.org

### **Meals on Wheels, Inland Valley, Inc. Homebound Delivered Meals**

(909) 981-0377

## HOUSING ASSISTANCE

### **Inland Mediation Board**

(909)984-2254

### **Housing Authority of San Bernardino County Central Office**

Federal Housing Assistance  
(909)381-3331

### **See Front Desk for Senior Housing Directory Packet**

## HUMAN SERVICES

### **2-1-1 SB County Resources**

Provides Elder Assistance, Food, Clothing, Crisis Services  
(888) 435-7565 or Dial 2-1-1  
211sb.org

### **Covid-19 Hotline**

Covid-19 Information related to vaccines, tests & appointments.  
(909) 387-3911  
sbcovid19.com

### **Department of Aging & Adult Services Area Agency on Aging [DAAS]**

(909) 891-3900  
hss.sbcounty.gov/daas

### **Elder Abuse Hotline 24/7**

(877) 477-3646  
da.lacounty.gov

### **National Mental Health Hotline**

(866) 903-3787  
mentalhealth.gov

### **National Suicide Prevention**

(800) 273-8255  
988Lifeline.org

### **Office for Civil Rights**

(866) 627-7748 www.hhs.gov

### **California's Safe at Home Program**

For assistance with domestic violence  
1(866)275-2677

### **Inland Valley Hope Partners**

(909)622-3806  
info@inlandvalleyhopepartners.org

## SENIOR RESOURCES

### **Aging Next**

Provides Senior Resources  
(909) 621-9900  
agingnext.org

### **Alzheimer's Association of Greater Los Angeles**

Provides support & services for those with Dementia & Alzheimer's issues.  
(844) 435-7259  
alzheimersla.org

### **Department of Aging and Adult Services**

Senior Information and Assistance  
1(800) 510-2020  
hss.sbcounty.gov/daas/

### **Health Insurance Advocacy Program [HICAP]**

Offers free unbiased counseling to assist with understanding Medicare benefits.  
(909) 256-8369  
hicapsbc.org

### **Ombudsman**

Advocates for adults in assisted living and nursing care facilities.  
(909) 332-6490  
(800) 231-4024

### **Tax Services**

AARP Tax Aid Program, answers questions pertaining to already filed taxes by AARP Tax Preparation Services.  
(605) 549-5168

## LEGAL AID

### **Inland County Legal Services**

(909)980-0982

### **San Bernardino Legal Aid**

(909)889-7328

## TRANSPORTATION

### **Omnitrans Transportation Services**

Door to door services. Eligibility & application process.  
(909) 379-7160 Access "Curb to Curb"  
(909) 379-7341 Omni Ride "Door to Door"  
omnitrans.org

## CITY OFFICES

### **Landecena Community Center**

(909) 204-4590

### **Magnolia Recreation Center**

(909) 931-4280

### **Upland City Hall**

(909) 931-4100

### **Upland Fire Department**

(909) 356-3805

### **Upland Police Department**

Non-Emergency (909) 946-7624  
For life threatening emergencies 9-1-1

### **Upland Passport Office**

(909) 981-4501

### **Upland Public Library**

(909) 931-4200

### **Upland Public Works**

(909) 291-2930



## GIBSON SENIOR CENTER

250 North 3rd Avenue  
Upland, CA 91786  
(909) 981-4501



[UPLANDca.gov](http://UPLANDca.gov)



[@GibsonSeniorCenter](https://www.facebook.com/GibsonSeniorCenter)

## BUSINESS HOURS

Monday-Friday: 8:30AM-5:00PM

Saturday: 8:00AM-12:00PM



Use the camera on your phone to scan this code.  
You'll be automatically connected to our Facebook page.